**Student Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Parent Name(s): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Date of Birth: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Address:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Date Checklist Completed:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Age in Months:\_\_\_\_\_\_\_**

**Checklist Completed By:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**PRESCHOOL OCCUPATIONAL THERAPY CHECKLIST**

**Answer Key:** - **= Child CANNOT do this**

**+ = Child CAN do this**

**DK = I don’t know if child can do this**

***PLEASE FILL IN ALL AGE LEVELS***

**2 YEARS**

\_\_\_\_\_\_ Holds crayon with thumb and all fingers, forearm turned so thumb is pointing down

\_\_\_\_\_\_ Scribbles on his or her own

\_\_\_\_\_\_ Can draw and copy a vertical line   
\_\_\_\_\_\_ Turns over container to pour out contents

\_\_\_\_\_\_ Builds tower of four blocks or more

\_\_\_\_\_\_ Imitates a 3-block train

\_\_\_\_\_\_ Pulls down pants with assistance

\_\_\_\_\_\_ Washes hands

\_\_\_\_\_\_ Can use a spoon by self, keeping it upright

**2 ½ YEARS**

\_\_\_\_\_\_ Strings large beads

\_\_\_\_\_\_ Snips paper with scissors

\_\_\_\_\_\_ Rolls clay/playdoh into "snake"

\_\_\_\_\_\_ Can draw and copy a horizontal line

\_\_\_\_\_\_ Places 6 pegs in a peg board

\_\_\_\_\_\_ Builds an 8 block tower

\_\_\_\_\_\_ Imitates a circle

\_\_\_\_\_\_ Uses a fork

\_\_\_\_\_\_ Dresses self with assistance

**3 YEARS**

\_\_\_\_\_\_ Screws and unscrews jar lids, nuts, and bolts objects and pictures

\_\_\_\_\_\_ Turns rotating handles

\_\_\_\_\_\_ Able to complete simple inset puzzles

\_\_\_\_\_\_ Can build a tower of nine small blocks or more

\_\_\_\_\_\_ Can get self dressed/undressed independently; only needs help with buttons; still confuses front/back for clothes, and right/left for shoes

\_\_\_\_\_\_ Can feed self with little or no spilling, drinks from a cup/glass with one hand

\_\_\_\_\_\_ Cuts along a line

\_\_\_\_\_\_ Puts shoes/socks on

\_\_\_\_\_\_ Self-feeds with spoon, some spilling

\_\_\_\_\_\_ Brushes own hair

**3½ YEARS**

\_\_\_\_\_\_ Can pour own drink from a pitcher if not too heavy

\_\_\_\_\_\_ Can place small pegs into small holes

\_\_\_\_\_\_ Can lace three holes in a lacing strip following demonstration

\_\_\_\_\_\_ Able to string small beads

\_\_\_\_\_\_ Can hold a pencil with a "tripod grasp" (3 fingers), but moves forearm and wrist to write/draw/color

**4 YEARS**

\_\_\_\_\_\_ Demonstrates a hand preference

\_\_\_\_\_\_ Draws a person with two to four body parts

\_\_\_\_\_\_ Copies square shapes

\_\_\_\_\_\_ Draws circles and squares

\_\_\_\_\_\_ Can draw and copy a cross (one vertical and one horizontal intersecting lines)

\_\_\_\_\_\_ Begins to copy some capital letters

\_\_\_\_\_\_ Can use scissors to follow and cut both straight and curved lines

\_\_\_\_\_\_ Cuts out a small square/triangle

\_\_\_\_\_\_ Can manage buttons, zippers, and snaps completely

\_\_\_\_\_\_ Undresses daily at designated times without reminders

\_\_\_\_\_\_ Dresses independently when asked

**4½ YEARS**

**\_\_\_\_\_\_** Can hold fork using his fingers

\_\_\_\_\_\_ Can feed self soup with little or no spilling

**\_\_\_\_\_\_** Folds paper in half, making sure the edges meet

\_\_\_\_\_\_ Can build steps using 6 one-inch blocks after briefly seeing them in standing position (not observing how they were built)

\_\_\_\_\_\_ Puts a key in a lock and opens it

**5 YEARS**

\_\_\_\_\_\_ Can touch each finger to thumb within 8 seconds following demonstration of touching each finger in

succession to thumb, starting with the index finger, at a rate of 1 touch per second

\_\_\_\_\_\_ Copies triangle and other shapes

\_\_\_\_\_\_ Draws person with body

\_\_\_\_\_\_ Able to draw and copy a diagonal line

\_\_\_\_\_\_ Can connect dots with a line that does not deviate more than ¼” from horizontal

\_\_\_\_\_\_ Prints own name

\_\_\_\_\_\_ Prints 10-19 letters per minute

\_\_\_\_\_\_ Colors between parallel lines. Colors ¾ of space without crossing lines more than 2 times

\_\_\_\_\_\_ Uses a "tripod grasp" on writing utensils (thumb & tips of 1st two fingers) and uses fingers only

(because small muscles of hand have developed) to write/draw/color

\_\_\_\_\_\_ Can build a five block "bridge"

\_\_\_\_\_\_ Usually cares for all toilet needs

\_\_\_\_\_\_ Can get dressed completely by self

\_\_\_\_\_\_ Uses a knife to spread food items (jelly, peanut butter, mayo etc.), uses a dull knife to cut soft foods